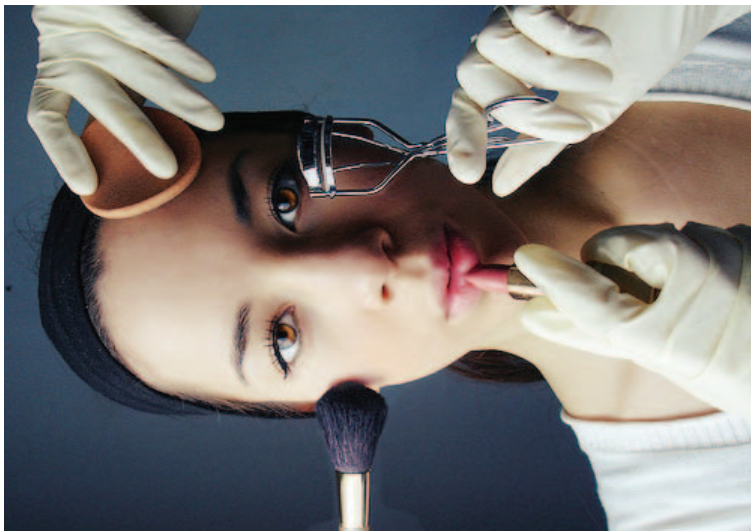




Addressing Modern  
Women's Health Concerns

# 2010 I LOVE ME HEALTH CONFERENCE



9:00am - 5:00pm

Sunday, 14 March 2010



The Podium Auditorium and  
Conference Centre (PACC)

Menara Hap Seng, Jalan P. Ramlee, 50250 Kuala Lumpur

## PROGRAMME AT A GLANCE

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## PRELIMINARY PROGRAMME

### WOMEN'S CANCER

Early Detection of Breast Cancer  
Early Detection of Cervical Cancer  
Early Detection of Colon Cancer

### HEART ATTACKS & STRESS

How to Minimise Stress in Working Women  
Early Detection of Heart Attacks in Women  
How to Keep Cholesterol Low and Still Enjoy Good Food

### MENOPAUSE

How to Prevent Osteoporosis?  
Recent Development on Hormone Replacement Therapy (HRT)  
Natural Therapy for Menopause

### FAMILY PLANNING

The New Pill  
IUCD is Very Safe  
Other Methods: Patch/Implants

### URINARY TRACT INFECTIONS

Why Do I Get Frequent UTI?  
The Overactive Bladder (OAB)  
Help! I Can't Control My Urine

### PERIOD PROBLEMS

Why is it Heavy?  
Why is it so Painful?  
Why is it so Funny?

### TEENAGE ISSUES

Sex and I  
Feminine Hygiene and Acne  
Vaccines for Teenagers (HPV, Hepatitis, Rubella, etc)

### AESTHETICS

Liposuction Can Be Risky  
Breast Aesthetics  
Botox/Lazer Vaginal Repair

**EXHIBITION • PANEL Q&A SESSION • FREE HEALTH CHECKS • LIVE FITNESS DEMO**

## ABOUT THE VENUE

### PODIUM AUDITORIUM AND CONFERENCE CENTRE

Strategically located in the heart of Kuala Lumpur's business district, the Menara Hap Seng's Podium Auditorium and Conference Centre (PACC) is a boutique conference centre set within Kuala Lumpur's internationally recognised Golden Triangle. Menara Hap Seng is surrounded by the majestic Petronas Twin Tower, the iconic KL Tower and the bustle of Bukit Bintang. Menara Hap Seng's stunning facade and modern interior houses corporate suites, a podium with 3 levels of gourmet restaurants, retail outlets, banks and a boutique Conference Centre all flanked by the beautifully landscaped water features and greenery of the forecourt.

### HOW TO GET THERE ...

#### By Car

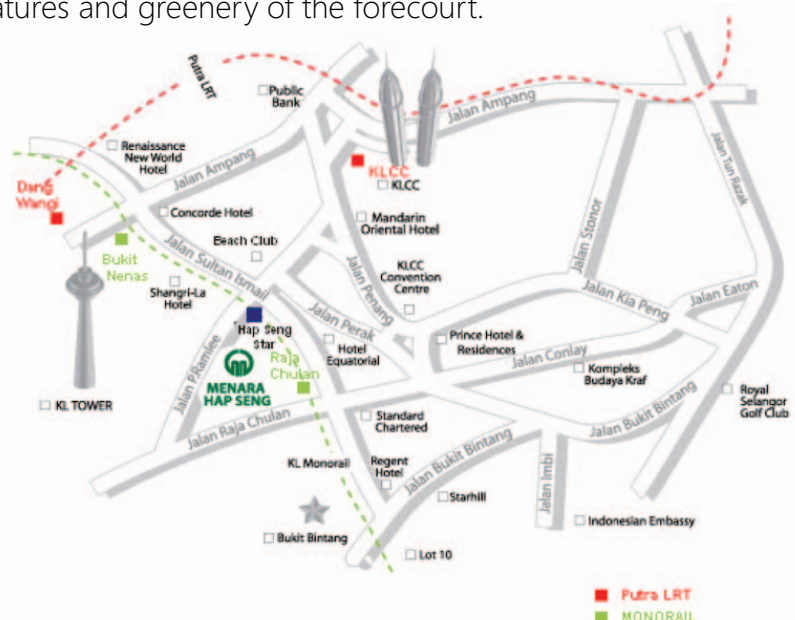
Parking is available at Menara Hap Seng at a flat rate of RM3 per day

#### By LRT

15 minutes walk from the nearest station (**Dang Wangi** station)

#### By Monorail

10 minutes walk from the nearest station (**Raja Chulan** station)



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## ORGANISED BY

### OBSTETRICAL AND GYNAECOLOGICAL SOCIETY OF MALAYSIA (OGSM)



OGSM was established in 1963 as an independent, non-profit and non-governmental organisation with affiliation to the International Federation of Gynaecology and Obstetrics (FIGO) and the Asia-Oceania Federation of Obstetrics and Gynaecology (AFOG). Today, the society has a membership of more than 850 doctors, drawn from specialists and trainees representing the government, the universities and the private sectors. As part of the OGSM's social responsibility initiative, it is also engaged in promoting women's health by organising community health projects and health awareness campaigns such as breast cancer, cervical cancer, endometriosis and young women wellness programmes in schools and colleges.

## SUPPORTED BY



**MINISTRY OF  
HEALTH MALAYSIA**



**MINISTRY OF WOMEN, FAMILY  
AND COMMUNITY DEVELOPMENT**

## MANAGED BY

### A WORKING TITLE EVENTS (AWT)



A Working Title Events was founded in response to the growing need for an experienced conference and exhibition management company in Malaysia. A Working Title is passionate about the meetings industry and continually strives to go beyond expectations to deliver world class events. Visit [www.aworkingtittleevents.com](http://www.aworkingtittleevents.com) for more information.

## CONTACT DETAILS

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**Telephone:** 017-683 5468

**Email:** [gregg@aworkingtittleevents.com](mailto:gregg@aworkingtittleevents.com)

### **Obstetrical & Gynaecological Society of Malaysia**

Suite C-07-02, Plaza Mont Kiara, No. 2, Jalan Kiara  
Mont Kiara, 50480 Kuala Lumpur, Malaysia

**[www.ogsm.org.my](http://www.ogsm.org.my)**

**Telephone:** 03-6201 3009

**Fax:** 03-6201 7009

**Email:** [administrator@ogsm.org.my](mailto:administrator@ogsm.org.my)

# 2010 I LOVE ME HEALTH CONFERENCE

Addressing Modern Women's Health Concerns

## PRE-REGISTRATION FORM

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Please return via email or fax to:

ATTENTION : Zoe Scott / Gregg Parker

MAILING ADDRESS : Suite C-07-02, Plaza Mont Kiara, No. 2, Jalan Kiara,  
Mont Kiara, 50480 Kuala Lumpur, Malaysia

E-MAIL : zoe@aworkingtittlevents.com / gregg@aworkingtittlevents.com

FAX : 03-6201 7009

DATE : \_\_\_\_\_

### PLEASE COMPLETE ONE REGISTRATION FORM FOR EACH PERSON:

NAME : \_\_\_\_\_ (first name) \_\_\_\_\_ (last name)

IC NUMBER : \_\_\_\_\_

DATE OF BIRTH : \_\_\_\_\_ (dd-mm-yyyy)      AGE : \_\_\_\_\_

PHONE NUMBER : \_\_\_\_\_ (house) \_\_\_\_\_ (mobile)

E-MAIL : \_\_\_\_\_

MAILING ADDRESS : \_\_\_\_\_

\_\_\_\_\_

OCCUPATION / PROFESSION : \_\_\_\_\_

COMPANY / ORGANISATION : \_\_\_\_\_      JOB TITLE : \_\_\_\_\_

Please check this box if you DO NOT wish to receive information on other upcoming events

#### NOTE:

- Registration is FREE on a first-come first-served basis
- Pre-registration WILL NOT guarantee free health checks. Health checks are on a first-come first-served basis ONSITE